

Soak – Pare – Paint Regime for Warts

Warts are caused by an infection with the innocent human wart virus. There is no ideal treatment for warts but 80% will clear within 3 months if treated with wart paint and a pumice stone. If left untreated, 75% of warts will clear in 2 years

INSTRUCTIONS

- 1 Soak the affected area in warm water (or bath) for 10 minutes.
- 2 Rub down hard skin with a pumice stone or emery board.
- 3 Apply wart paint and allow to dry.
- 3 Repeat steps 1-3 each evening on each wart.

Do not stop treatment until a week after you think the wart is gone. If the wart starts to come back, start treating it again.

Persevere!